

NEW
HEARTS

NEW

bones

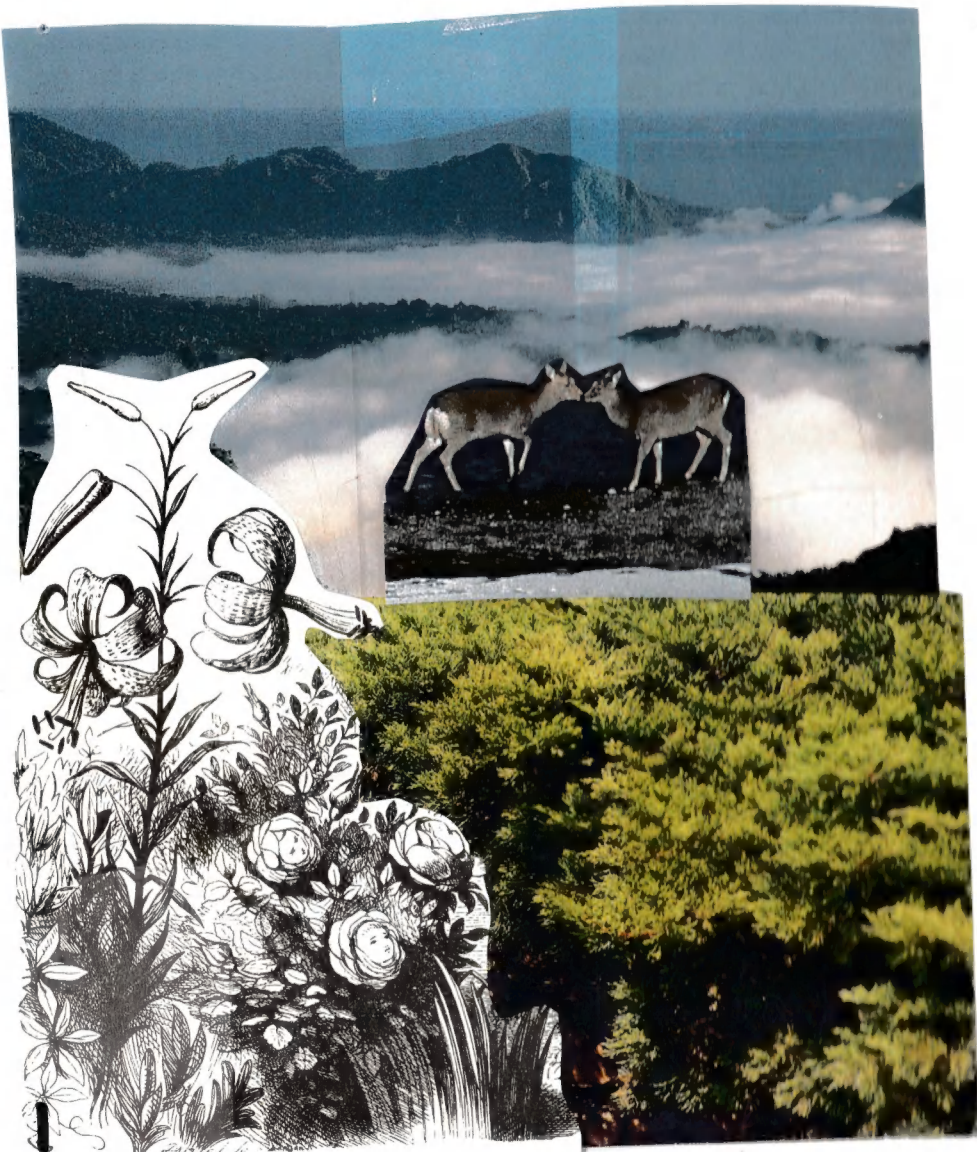
BACK BY
POPULAR DEMAND

THIS PUBLICATION
IS

FREE



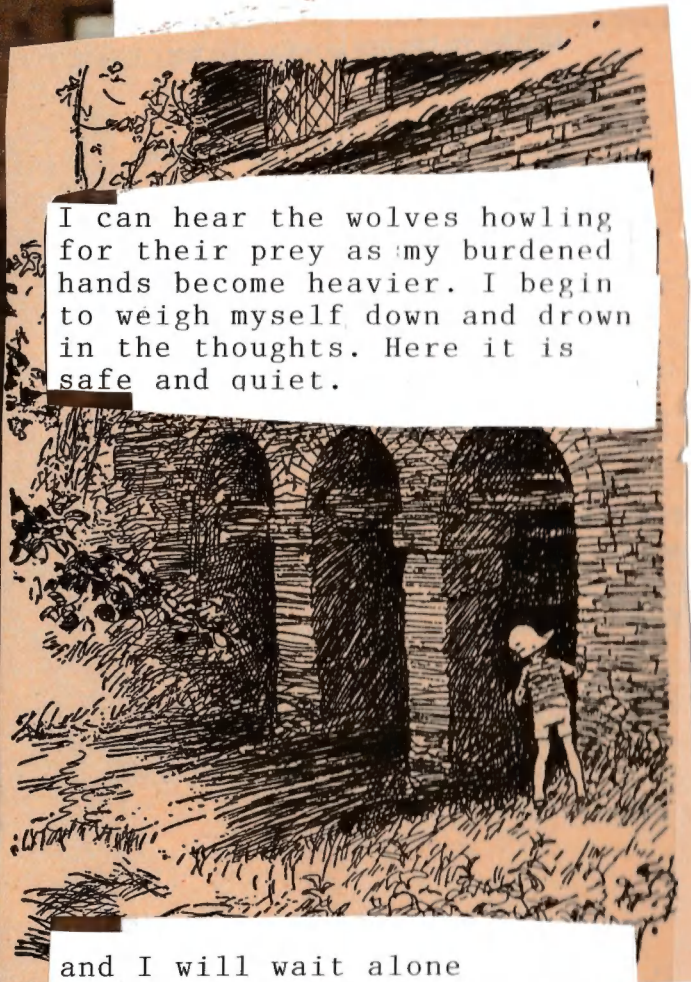
APRIL
2012



$$\begin{aligned}
 & (Y, \nabla^2 X + \nabla^2 Y) \text{ free } \nabla^2 X + \nabla^2 Y \\
 & g(z, \nabla^2 X + \nabla^2 Y) + g(z, \nabla^2 Y + \nabla^2 X) \\
 & (u) L(u) h = h \quad T F_{ij}^k = \{g_{ij}^k, \frac{\partial g_{ij}^k}{\partial x_k}\} \\
 & (u) T(u) \|_{k+q/m} \leq M(1 + \|u\|_{k+q/m}) \\
 & -\frac{a_k}{\lambda} \sin(\lambda f_k) \lambda \frac{\partial f_k}{\partial x_j} \text{ So for } \lambda \rightarrow \infty
 \end{aligned}$$


A collage featuring three distinct elements. At the top, a photograph shows a mountain landscape. Below this, on the left, is a black and white illustration of a tree. To the right of the illustration is a photograph of a dense green forest. The collage is labeled with a small '2' in the bottom right corner.

$$\begin{aligned}
 & u_{n+1} = u_n - K_n L(u_n) T(u_n) \\
 & \text{perturbation Process} \\
 & g_{ij} = \sum_k a_k^2 \frac{\partial f}{\partial x_i} \frac{\partial f}{\partial x_j} \\
 & y_{n+k}^k = \frac{a_k}{\lambda} \cos(\lambda f_k) \\
 & T(u_{n-1} + u_n - u_{n-1}) = T(u_n) + DT(u_{n-1}) \\
 & S a \|T(u_n)\| \\
 & N a u_n
 \end{aligned}$$

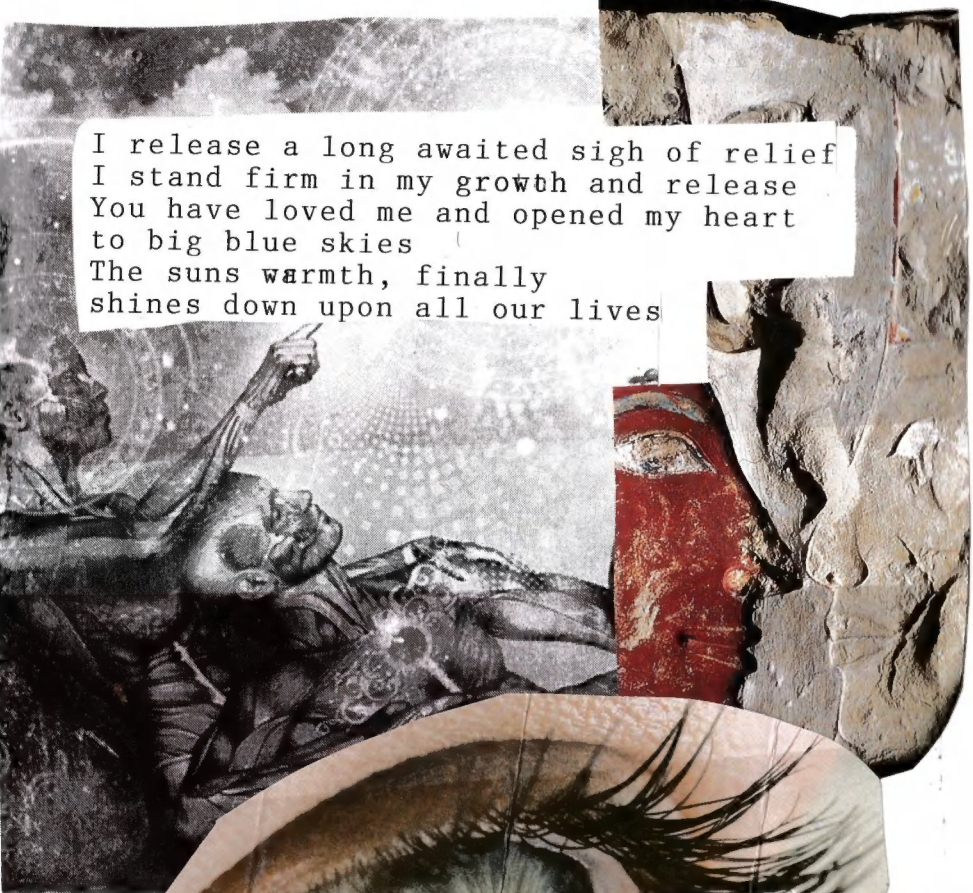


I can hear the wolves howling
for their prey as my burdened
hands become heavier. I begin
to weigh myself down and drown
in the thoughts. Here it is
safe and quiet.

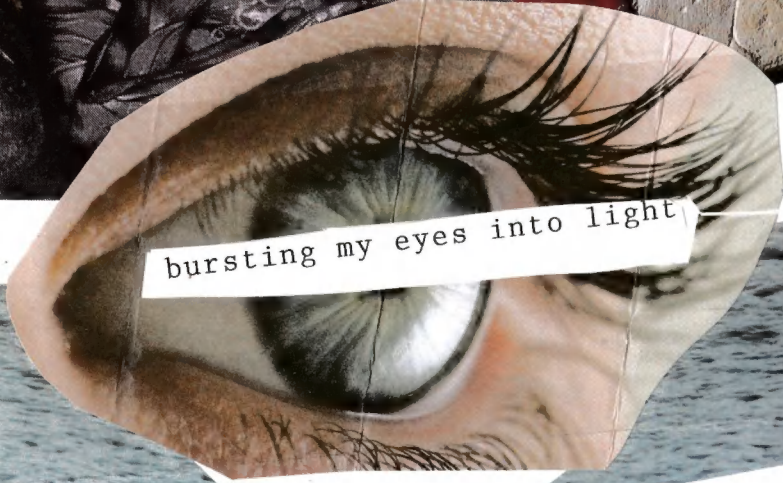
and I will wait alone
until I can see the sky again
the sun
bring me warmth
light into my eyes



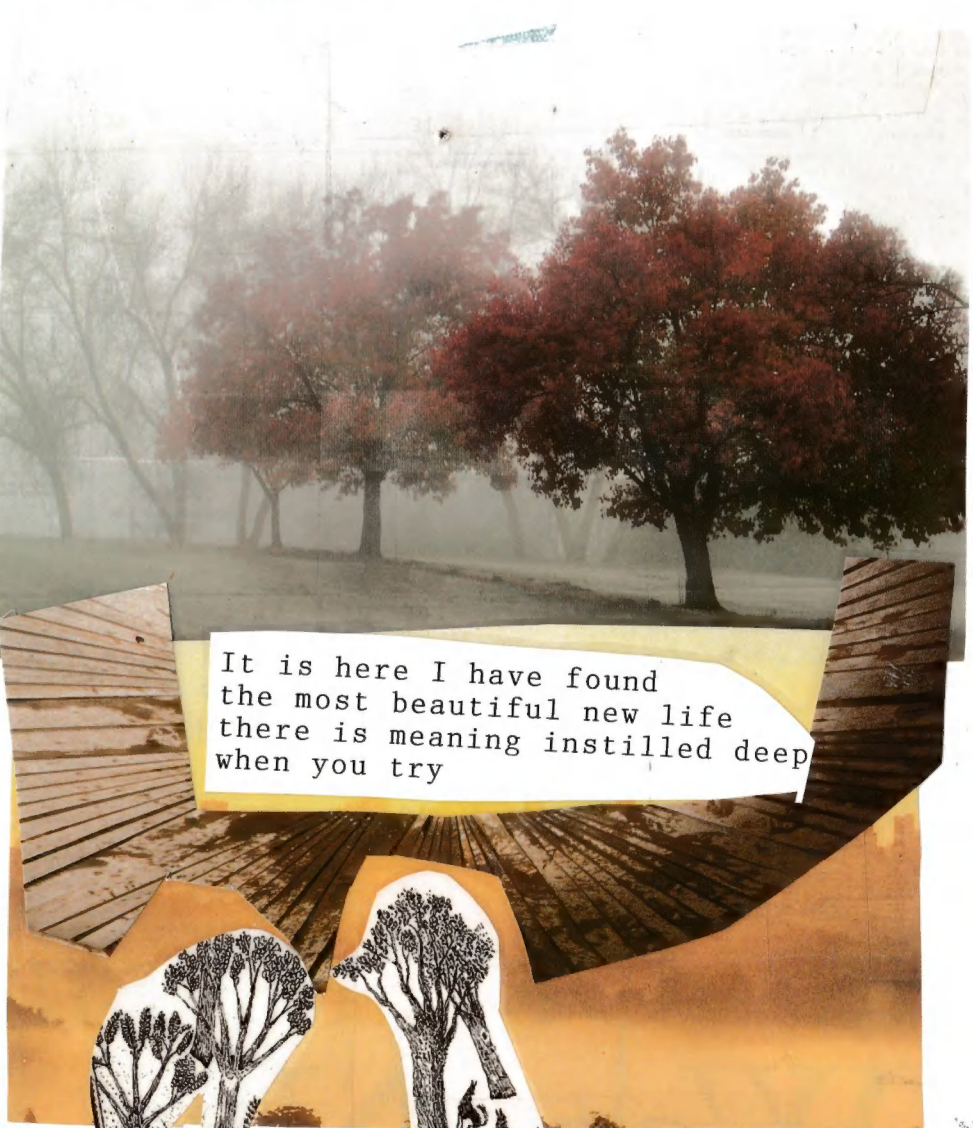
I finally
laid it all down
and let it die



I release a long awaited sigh of relief
I stand firm in my growth and release
You have loved me and opened my heart
to big blue skies
The sun's warmth, finally
shines down upon all our lives



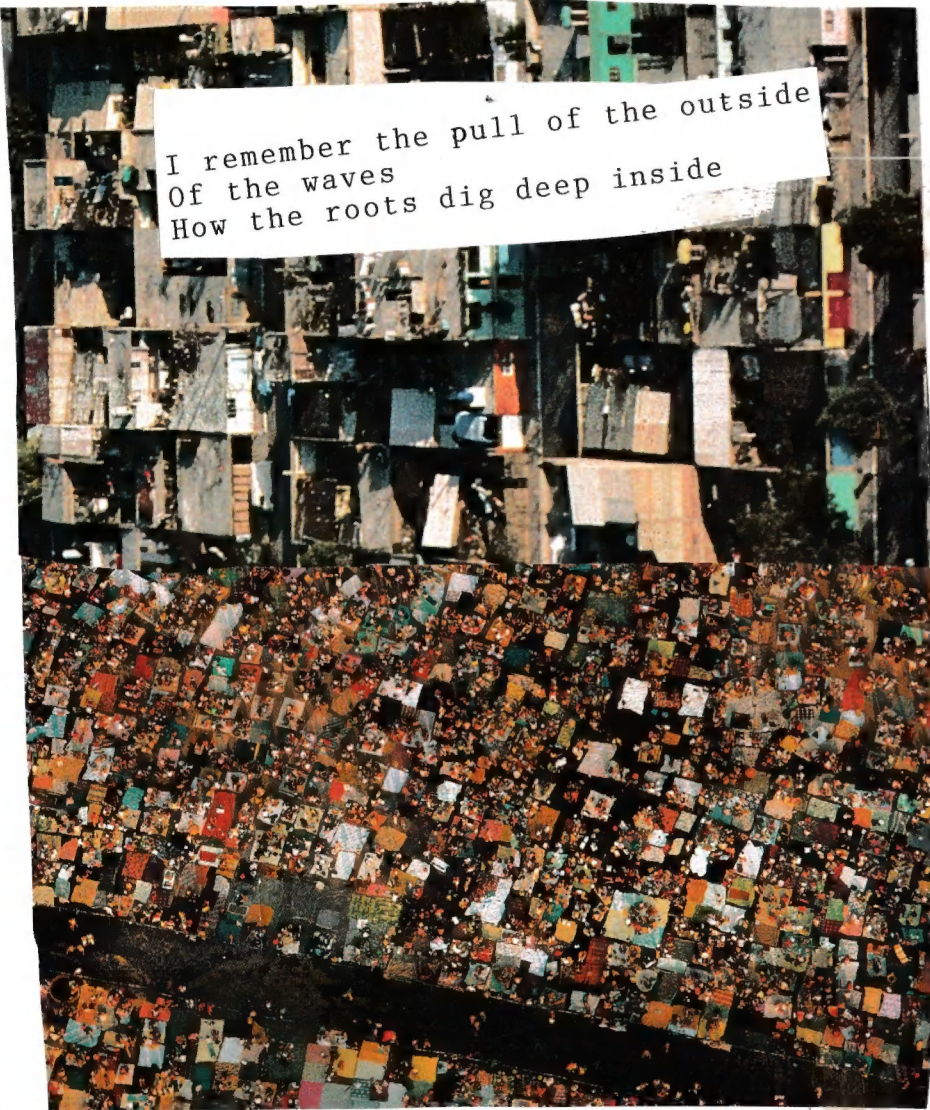
bursting my eyes into light




It is here I have found
the most beautiful new life
there is meaning instilled deep
when you try



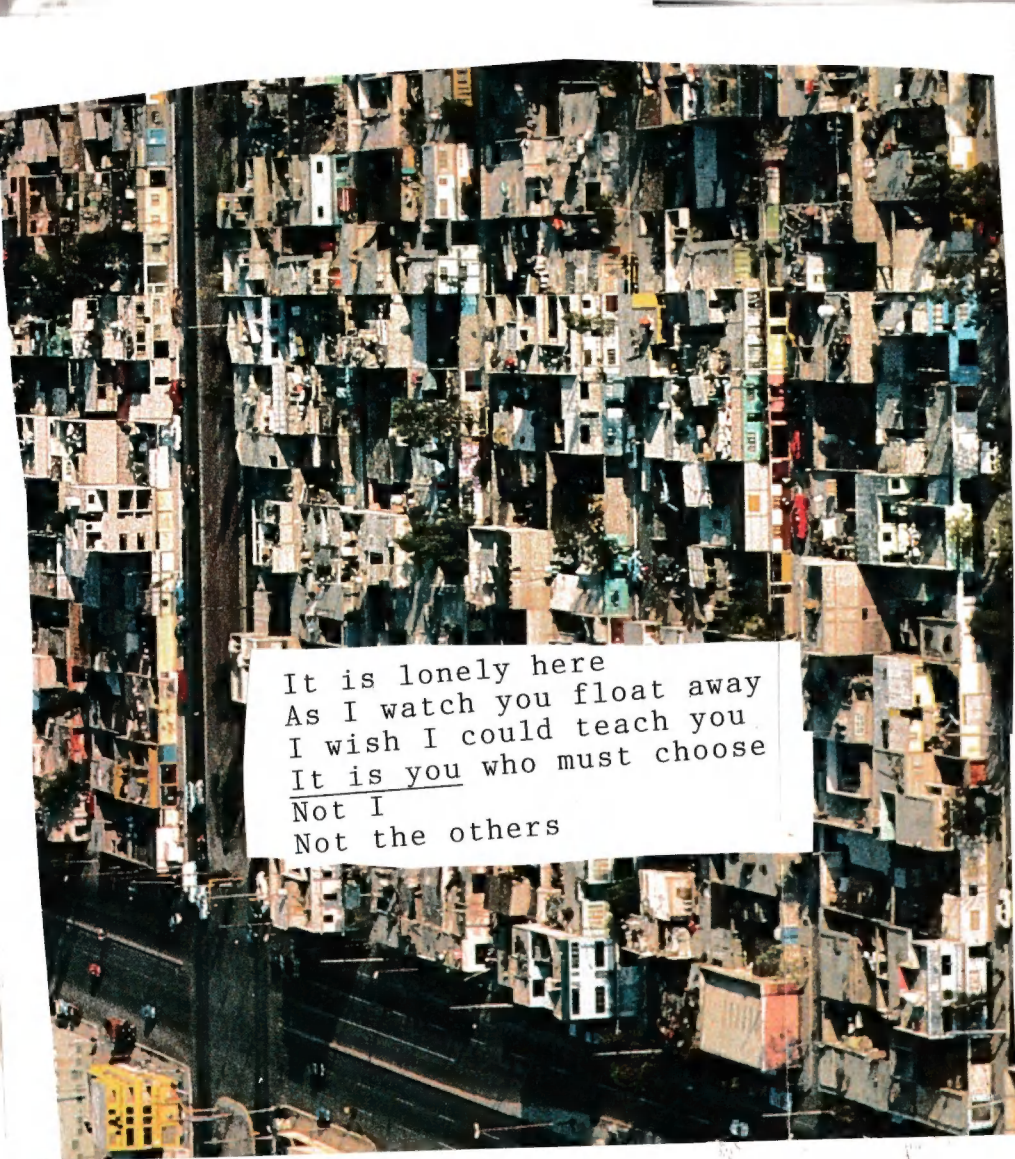


An aerial photograph of a densely packed shantytown, likely in a developing country. The image shows a vast expanse of small, colorful, makeshift dwellings. A white rectangular text box is superimposed on the upper portion of the image.

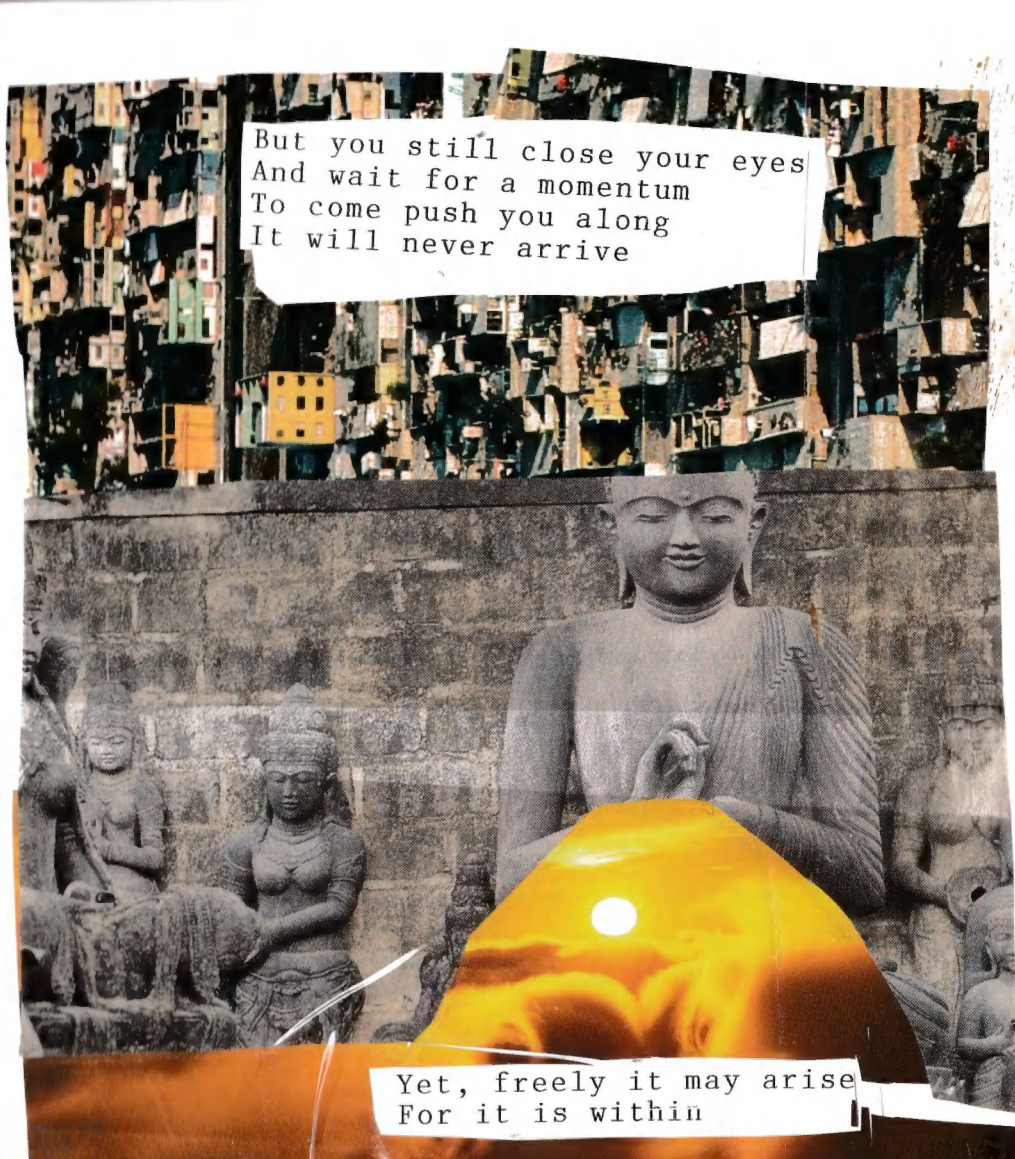
I remember the pull of the outside
Of the waves
How the roots dig deep inside

An aerial photograph of a densely packed shantytown, similar to the one on the left. The image shows a vast expanse of small, colorful, makeshift dwellings. A white rectangular text box is superimposed on the upper portion of the image.

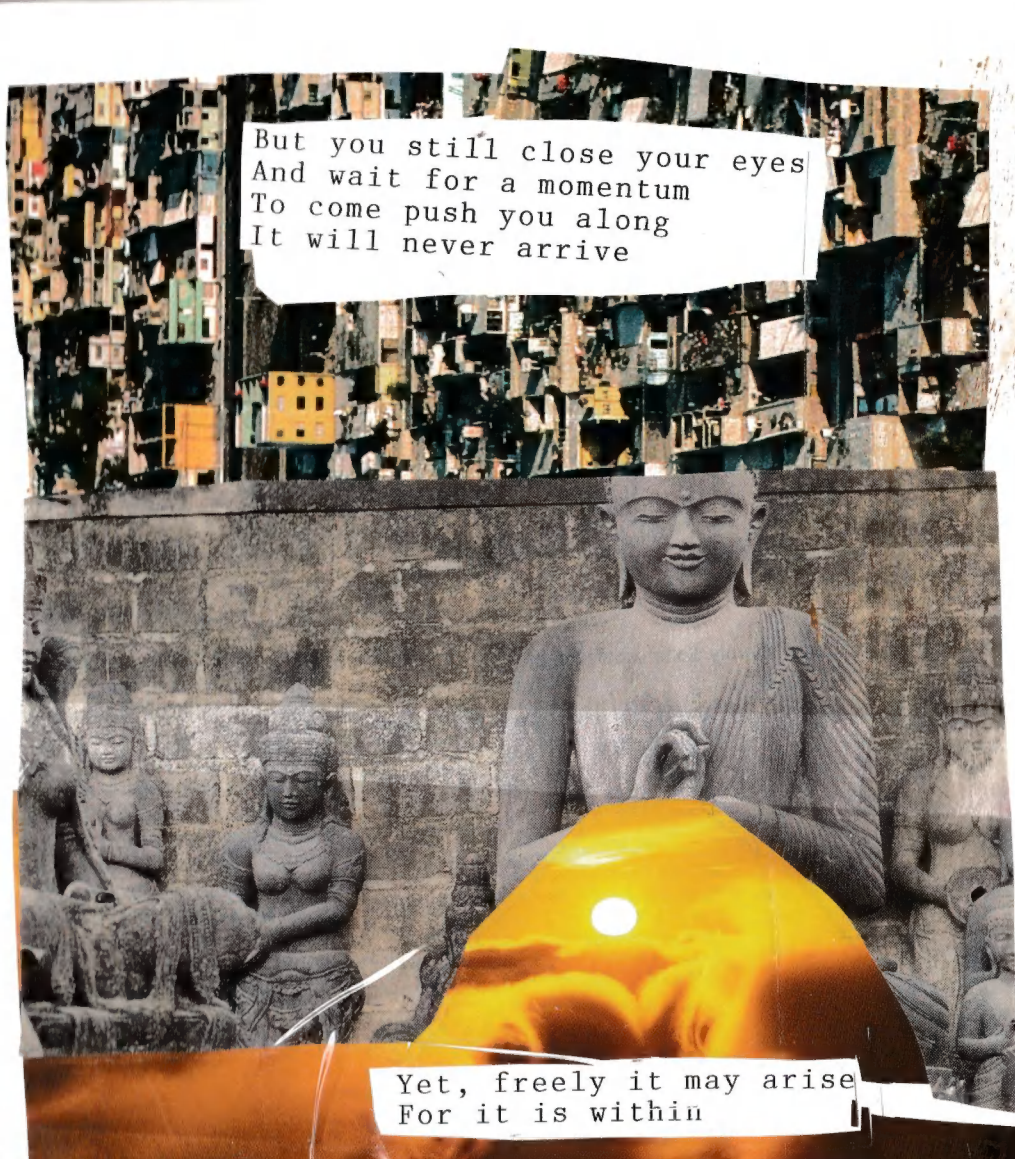
I am stronger now
I can not be swept along in the tide
I am a pillar
Alone I will learn to stand

An aerial photograph of a densely packed shantytown, likely in a developing country. The buildings are small, colorful, and built on a hillside. A text overlay is placed in the lower-left quadrant of the image.

It is lonely here
As I watch you float away
I wish I could teach you
It is you who must choose
Not I
Not the others

An aerial photograph of a densely packed shantytown, similar to the one on the left page. The buildings are small, colorful, and built on a hillside. A text overlay is placed in the upper-right quadrant of the image.

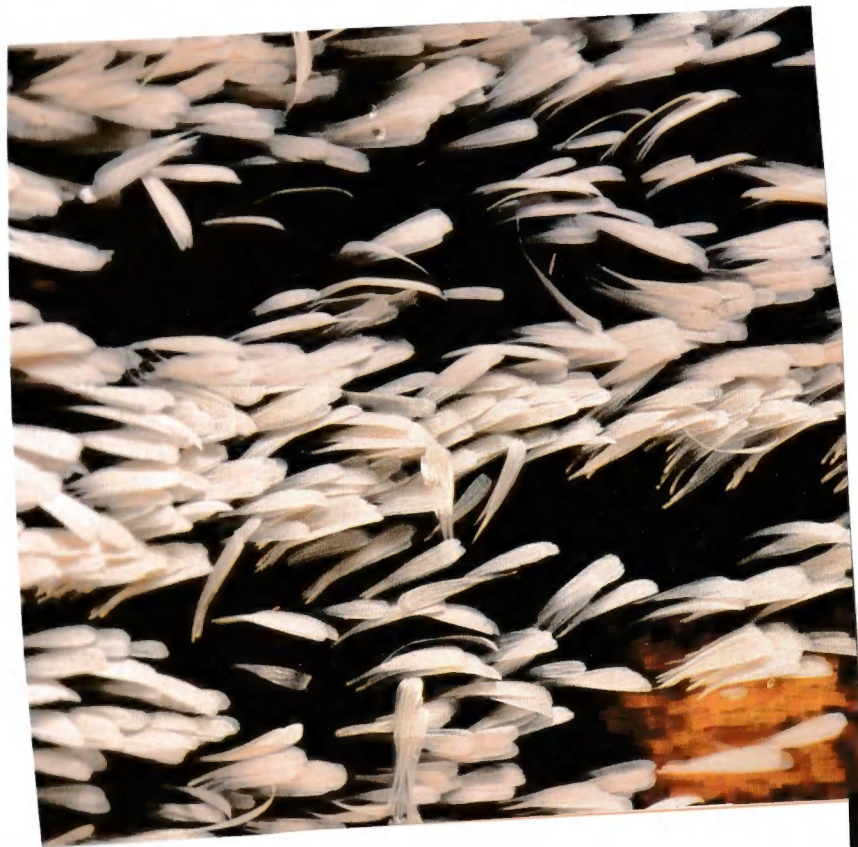
But you still close your eyes
And wait for a momentum
To come push you along
It will never arrive

A black and white photograph of a large Buddha statue, likely in a temple or monastery. The statue is seated and has a serene expression. A text overlay is placed in the lower-right quadrant of the image.

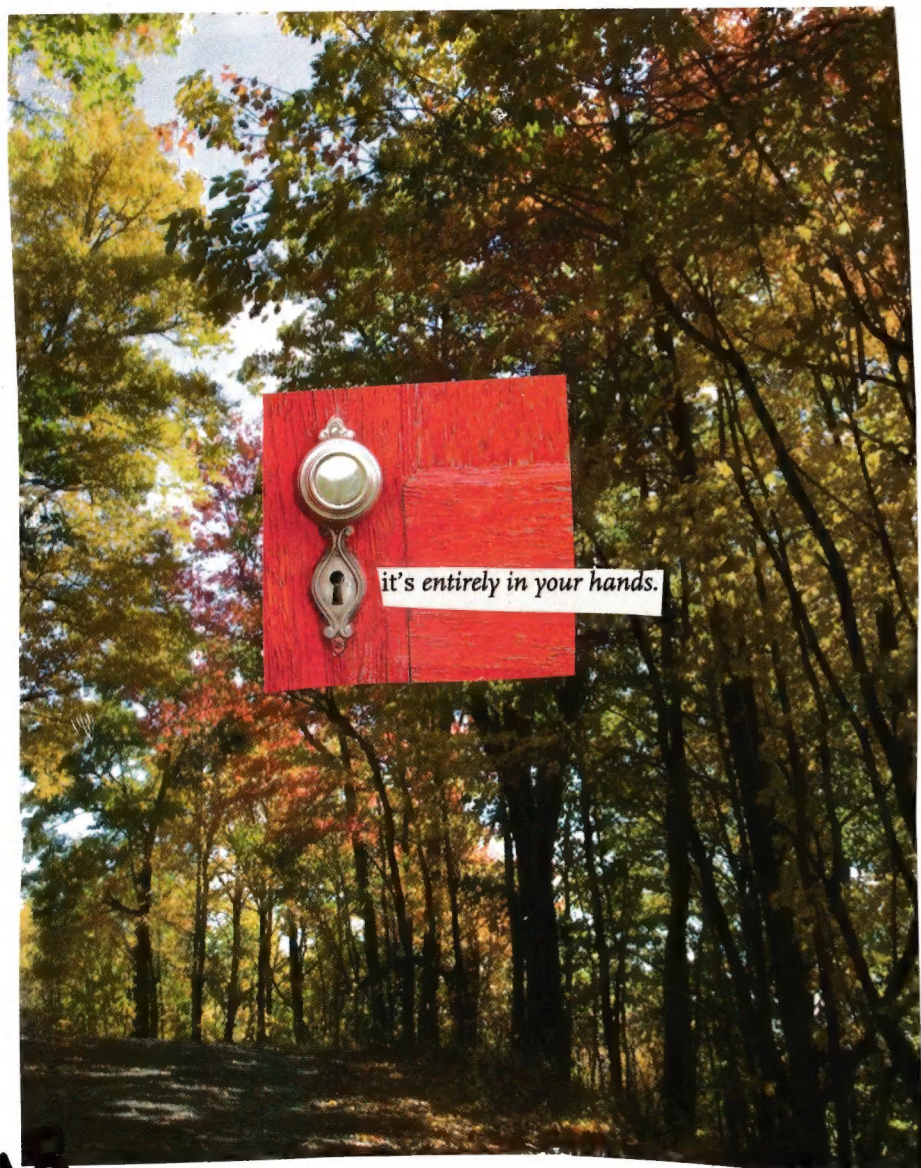
Yet, freely it may arise
For it is within

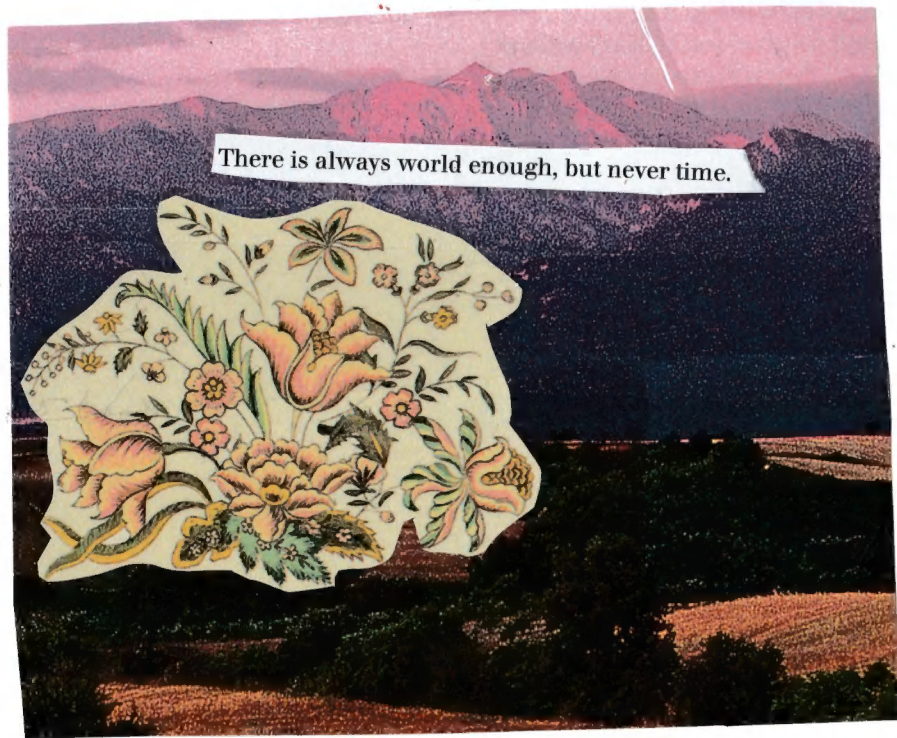


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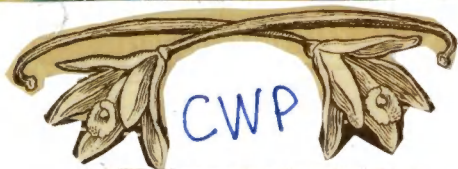
There is always world enough, but never time.

this world is so beautiful
We cannot equal it, we cannot live in it for long.



We are all interconnected.
We all share the same home.





TO ILLUMINATE

NEW HEARTS NEW BONES ISSUE #6

this free publication has been made for your mind by Checking
and Waving Press. Reach us at seethewavelengths@hotmail.com